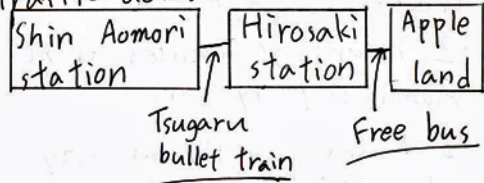


4. Apple land (apple open air bath)

traffic acces:



~ apple open air bath's effect~

- Lessens your fatigue
- Relaxing effect
- Beautiful skin effect
- Prevents anemia
- Promotes the Metabolism

Malic acid and couplons go into our skin and promotes blood circulation.

Biblio gra - phy

1. [https:// on.senbu.net 164](https://on.senbu.net/164)
2. 4 MEEEE
3. <http://www.furofushi.com/>
about
4. www.apple-land-co.jp



There are many hot springs in Aomori

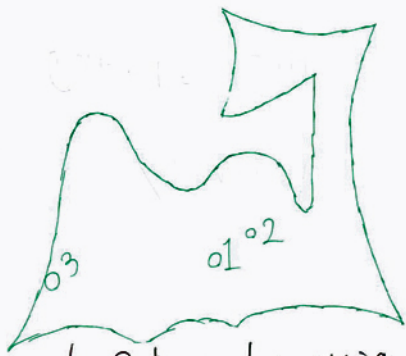
Every one let's go to these hot springs!

Hot Spring

Activity



13HR group 9



1. Gukayu hot spring

address: Aomori city Arakawa.

Opened over 900 years ago and is located at an altitude of about 900m.

— Senninburo —

1. Has about 160 tatami room.
2. Has Five bathtubs.

2. Hakkouda hot spring
address: Aomori city Komai
traffic access: 50 minutes by car from JR Aomori station

③③③ 「Ramune no Yu」

1. Removes tough skin layer because of dissolved carbon dioxide.

2. Has a beautiful skin effect and promotes good blood circulation.

3. You can take a long bath because of the lukewarm water.

4. It doesn't give any burden to our heart.

3. Furofushi hot spring.

traffic access

• 2 hours 30 minutes from Aomori city by car.

• 2 hours from Hirosaki city by car.

③③③ ③③③ ③③③ ③③③ ③③③

1. Chloride's soaking effect helps you keep warm after taking a bath.

2. Has a strong disinfection effect.

3. Metasilicate in the water provides a beautiful skin effect.

