

< What's the Shimizumorinanba? >

Nanba is the name of the red chili pepper in the Tsugaru district.

Shimizumorinanba is a red chili pepper of the native species of the Shimizumori in Hirosaki, Aomori.

< Recipe >

~ okra hamburger steak ~

No.1 Mix meat, an egg, an onion, a carrot, a Shimizumorinanba, salt and pepper together.

No.2 Make it into a patty.

No.3 Bake it in the roaster by medium fire.



< Nutritional value of Shimizumorinanba >

- Vitamin A
 - Vitamin C
 - Vitamin E
- } is rich in vitamin A, C, E
- Promotion of the circulation of blood.
 - Promotes digestion and appetite.

It is very high in nutritional value!

- Reference websites -

- Matsuno Corporation
- Beniya Business Corporation
- Special product center of Aomori prefecture.
- Tsugaru-han Neputa Village
- Sightseeing information of Aomori prefecture
- Vegetable Navi
- Hometown choose
- Hirosaki city

Shimizumorinanba

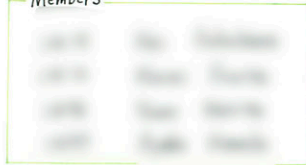
~ the national constituency from Aomori ~



Hirosaki Minami

High School / 14HR- Group 8

Members



< Motive >

We looked for a vegetable native to Aomori Prefecture.



We found the name of Shimizumorinanba.



It has many charms.



We want everyone in Japan to know about it.

< Purpose >

We looked for activities to spread awareness about Shimizumori nanba in the national citizenry.

< History of Shimizumorinanba >

Tamenobu Tsugaru brought back Shimizumorinanba from

Fushimiinari shrine in Kyoto.

People started growing it.

After that, it started to be grown by people in the Shimizumori area. It was in danger of becoming extinct because we can get inexpensive red peppers from foreign countries.

People started growing it again and now the quantity of the harvest rivals the production quantity of its prime.



Tamenobu Tsugaru →

< For national dispatch >

- o We want to advertise it in a shop run by Aomori of each place.



Point

It becomes easy to be interested by advertising on billboards and through sampling.

- o It is used as a gift
If you donate money to Hirosaki city, you can get it.



Point

If everyone in Japan knows about the existence of Shimizumorinanba,



Everyone will understand their charm!!