

Scallop's nutritional value

Taurine

Taurine is made from Sulfur-containing amino acids. Taurine is also effective for prevention of heart disease and stroke.

Zinc

Zinc is a type of nutrient that is classified as a mineral and has the effect of promoting metabolism. It is also a component of the enzyme necessary of food. There is also an effect of keeping a normal taste.

Glycine

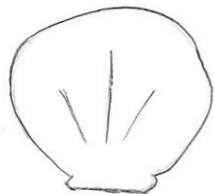
Glycine is an amino acid that is worthy of attention

as a component that enhances sleep quality. In addition, since glycine is also a component constituting collagen, it keeps the skin's elasticity, and it is also effective for preventing joint pain.

Summary

This time, we studied scallop's body structure and the nutrition that the scallops have. We were surprised to learn that scallops have good nutrition for the human body.

About Scallops



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Motive and Purpose

<Motive>

Scallops are a special product of Aomori Prefecture, but we don't know about it at all.

<Purpose>

We examined the scallop's characteristics and we want to tell everyone about them.

<Difference colors of scallops gonads>

a male



a female



The structure of scallops.

- Mantle : The mantle is the organ that forms the shell. The mantle's job is to make the shell and decide the direction to swim.
- Eye : There are eyes around the mantle. Scallops have a hundred degree field of view.
- Heart : Their heart is between the adductor muscle and the digestive gland

